

Adult OWL

Sponsored by The Unitarian Universalist District of Metropolitan New York

Just The Facts

- What:** Our Whole Lives Sexuality Education Leader Training for Adult OWL.
- Who:** This is for Leaders who want to facilitate OWL for Adults. DREs, RE Chairs and Ministers are also welcome. Registration is limited, so sign up early!!
- When:** **April 7-9, 2006.** Meets Friday 7pm sharp to 10pm, Saturday 9am to 9pm, and Sunday 9am to 12pm. Full and complete participation is required for certification as an OWL Leader.
- Where:** **Murray Grove Conference Center, Lanoka Harbor, NJ**
For directions, see www.murraygrove.org
It is accessible by public transportation. Parking is available.
- Cost:** \$225 includes program, semi-private room and 4 meals. Because of our advance expense commitments, we cannot guarantee refunds for withdrawals after 3/31. Refunds will be considered after conference costs have been met. \$25 additional for late registration (after 3/31).
- Bring:** OWL curriculum materials, three ring binder, paper and pen, musical instrument, comfortable clothes.
- Leaders:** Sally and Ralph Donofrio. Leaders are chosen and trained by the UUA.

HOW DO I REGISTER??? Online at <https://www.formdesk.com/u/forms/AdultOWL>

DEADLINE: Register online by **March 31, 2006** **LATE FEE APPLIES** after this date!

Tell Me More!

The Adult *Our Whole Lives* training prepares participants to facilitate the *Our Whole Lives* Adult Level Curriculum. Using values, communication skills, and spirituality as starting points, this program explores sexuality issues of interest to adults of all ages. Builds understanding of healthy sexual relationships, affirms diversity and helps participants accept and affirm their own sexuality throughout the life cycle.

The *Sexuality and Our Faith* component of the program invites adults to strengthen connections--between their sexuality and spirituality, between their values and their behavior, between themselves and their religious community. It offers a worshipful context for the program.

Our Whole Lives is based on a philosophy of comprehensive sexuality education which helps participants make informed and responsible decisions about their sexual health and behavior. It equips participants with accurate, age-appropriate information in six subject areas: human development, relationships, personal skills, sexual behavior, sexual health and society and culture. Grounded in a holistic view of sexuality, comprehensive sexuality education provides not only facts about anatomy and human development, but also helps leaders to clarify their values, build interpersonal skills, and understand the spiritual, emotional, social and political aspects of sexuality as well.

Sally and Ralph Donofrio

Sally and Ralph Donofrio are professional educators in public school settings. They also teach about human sexuality at a community college and elsewhere. Ralph has a doctorate in sexuality education. They each have over a decade of experience as A.Y.S. and O.W.L. leaders in the Lincroft, NJ congregation.

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For questions, please contact Andrea Lerner at Alerner@uua.org or 484 226-8226