

Claire Sexton, Young Adult and Campus Ministry Consultant, Looks Back and Forward

Once I received notice that I would be joining the District in late June, I took the opportunity to meet with the dedicated leaders of the District Young Adult Steering Committee to get an understanding of young adult activities in the District. In late July, I attended the first annual UU Leadership Team Institute, the residential leadership school that is a collaboration between the four districts in our region. There I got an opportunity to meet and work with colleagues in the young adult field from other districts, as well as meeting other intergenerational leaders from around the region.

In October, the Young Adult Steering Committee held a Vision Conference. Young adults were invited from around the District and we all got a chance to work on the committee's mission statement and talk about how the Committee can be most effective for young adults.

The step I'm working on next is cultivating connections within District congregations, whether the folks are in the young adult age range or not. It's important for leaders in a congregation that wants more young adult involvement to be invested in the gifts and changes that young people can bring. I hope that I will be able to help congregations start up and strengthen young adult ministry. If you think your congregation could benefit from greater involvement of people ages 18-35, please call me (214-868-6054) or email me (clairesexton@gmail.com) with any questions and concerns you may have. Even if you aren't a leader in your congregation, or if you're not a young adult yourself, you can still be instrumental in an exciting growth area for your congregation and I'd like to help!

Submitted by Claire Sexton, Young Adult and Campus Ministry Consultant