

ITS TIME TO GET AWAY, REFLECT, RE-CHARGE, RE-CONNECT and have FUN in the SNOW!

UU MNYD YOUNG ADULTS PRESENTS



# FROST VALLEY RETREAT 2008

Join the Metro New York Young Adults in their Annual Three-day Winter Retreat in the beautiful foothills of the Catskills Mountains in Upstate New York.

Young Adults between the ages of 18 to 35 from the tri-state area are invited to attend. The retreat features activities such as Circle Worships, Hiking, Cross-Country Skiing, Arts and Crafts and ample time to catch up with old friends or opportunities to make new ones, all in a private, ECO-friendly lodge. Meals are included! **Only \$250.00 per person**



Visit [www.Connectuu.com](http://www.Connectuu.com) and search under *Metro New York District*  
Or Contact Samantha Garland at 917-902-3736  
**REGISTER BY JANUARY 10 2008 TO RESERVE, SPACE IS LIMITED!**

## FEBRUARY 15th - 17th